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### UPCYCLING CO-STREAMS FROM THE VEGETABLE AND POULTRY SUPPLY CHAIN – POSSIBILITIES FOR NEW INGREDIENTS AND FOOD PRODUCTS

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**Rasa Slizyte** 

**SINTEF Fisheries and Aquaculture** 

## 



Equipment for hydrolysis optimisation From 0.2 L up till 5 L



Equipment for process optimisation and up-scaling Container plant: 500-100kg/h



#### Industry

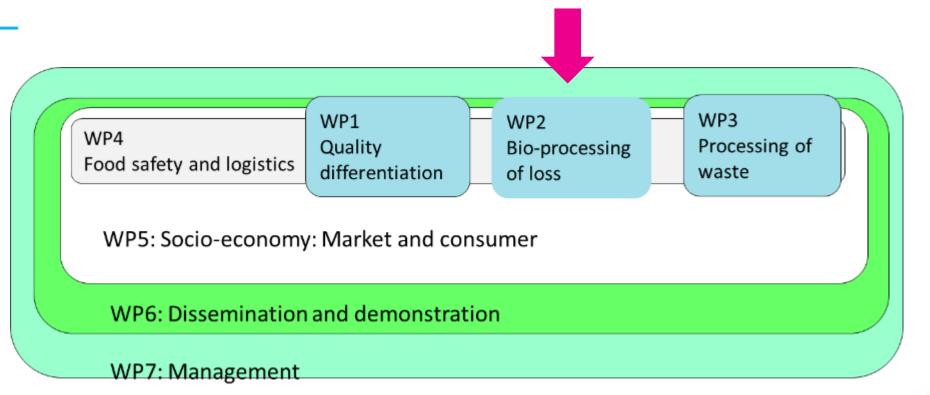








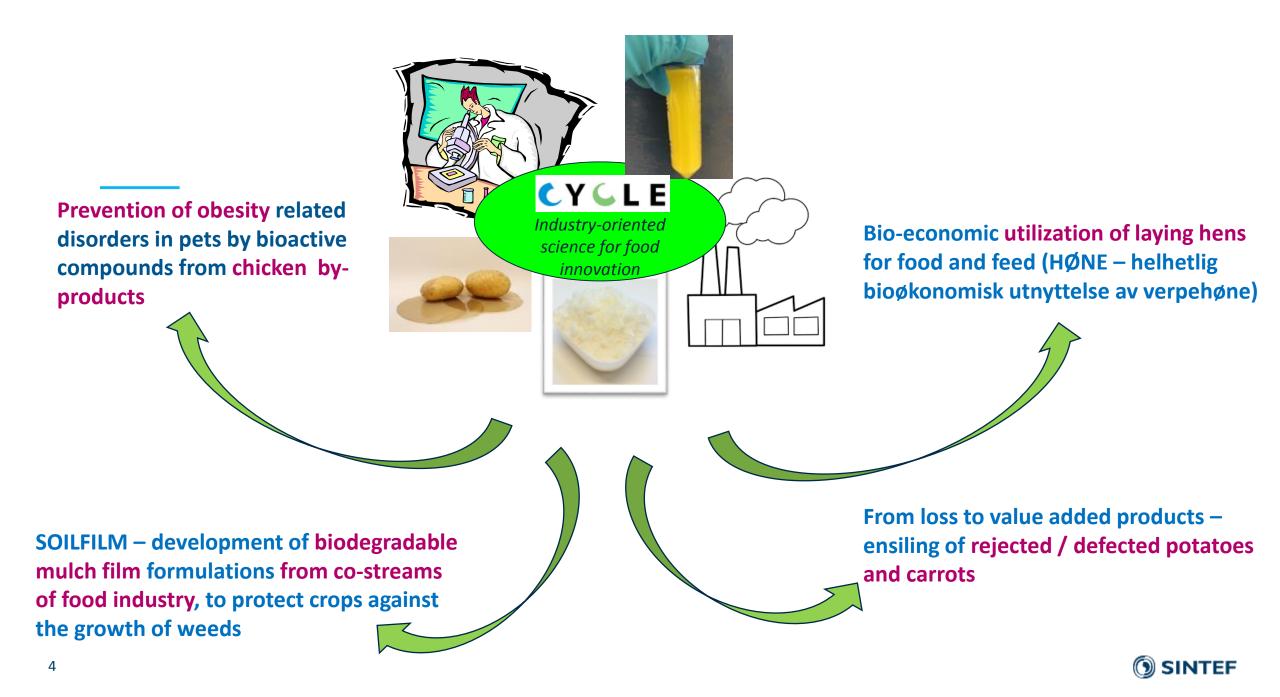
Total utilization of raw materials in the supply chain for food with a bio-economical perspective





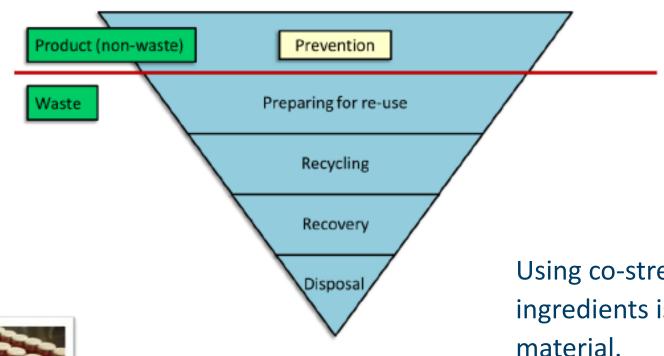












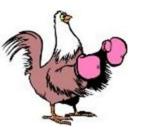


**CY L E** 

The waste management hierarchy of the EU (EC, 2008)

Using co-streams as food components or ingredients is an efficient way of upcycling material.





## **The Enzymatic Hydrolysis:** Value-adding by biorefining



New factory is planned for enzymatic hydrolysis of chicken bones



Production of high quality hydolysate, oil and sediments by use of new technology New ingredients to high-value markets





#### Work in Cycle based on Norilia raw materials:

- Quality differentiation in raw-material by use of sensor-systems
- Lab-scale tests of enzymatic hydrolysis by use of different enzymes
- Characterization of hydrolysate
- Analyses of chicken-oil



## Laying hens cannot be destroyed!



#### Complete and Bio-economical **Exploitation of Laying Hens**



the majority of spent hens are incinerated. This is a waste of valuable resources. In the project we aim to develop innovative utilisation of spent hers, e.g. using hydrolysis to produce oils and proteins.



I Norge gasses nå mange flokker med CO, i huset, etter endt verpeperiode. Foto: KFI

#### Av Anne-Kristin Laes, NIBIO

Kylling er blitt en sterk konkurrent til hensekjøtt, og norske forbrukere får knapt tak i råvarer til honsefrikasse. Over kjømillioner høner i året til mat, men mye av dette eksporteres

til Afrika, Dansko henor brukes til pelsdyrför, mens flertallet av norske hener kjøres til forbrenning i Hamar. HØNE-prosjektet ledet av Sintef, prøver å endre på situasjonen. I denne artikkelen drøfter vi forskjellene mellom Norge og nabolandene på dette området.

#### Eggproduksjon i Norge

I Norge har vi ca. 2 millioner haneplasser i konvensjonelle frittgående systemer, 1,3 millioner i konvensjonelle bursystem, og 127.200 plasser i akologiske systemer (Animalia 2014). Honene starter oppverping ved ca. 19 ukers alder og står i full produksjon 58 uker, Etter å ha verpet omtrent 340-350 egg er det takk og farvel, og bonden gjør huset klart for nytt innsett. Hver nordmann spiser ca. 200 egg, 12,6 kg hvert år, og legger altså beslag på omtrent en halv høne. Norsk eggproduksion er innrettet mot å dekke innenlands eggforbruk, og det er for tida en viss overkapasitet i bransjen som gjør det nødvendig å avlive en del høner før de er ferdige med eggleggingsperioden. Det skjer gjennom «frivillig fortidsslakting», der bonden får betalt ca. 8 kr per kg egg som erstatning for anslått tapt produksjon. Disse pengene tas fra omsetningsavgiften på 1 kr per kg egg, som alle eggprodusenter må betale.

Giennom handelsavtaler har Norge åpnet for import fra EU av 1.295 tonn egg («skallegg») årlig med redusert toll, og 290 tonn uten toll. Dette ut-

Få til slakt Hvert år er det altså rundt regnet 3,5 millioner verpehoner som avlives i Norge. Anvendelsesmulighetene påvirker valg av avlivningsmetode. Moderne eggleggingsraser av hons har liten kjøttfylde, høye slaktekostnader per kg slakt, og med stadig lavere len slakter svenskene over 2 priser på slaktekyling og skjerpet konkurranse om plassen i frysediskene har salget av slaktede utrangerte hons over tid blitt kraftig redusert. Etter hvert har det også blitt svært vanskelig for potensielle kunder å finne slaktet høne i matbutikkene.

> Omlag 5 % av hønene har blitt slaktet og solgt til konsum. Dette er fortrinnsvis hel hane uten fjær, hode, bein og innvaller, pakket i pose og distribuert froesen. Det er et teknisk problem at hener og kylinger ikke har samme storrelse, slik at slaktemaskinene må stilles om for hønseslakting. Kjøttkontrollen på høns er også mer tidkrevende, og slaktehastigheten må være lavere enn på slaktekylling. Derfor er det for de meste mindre, private fjørfeslakterier som Ytterøykylling i Nord-Trøndelag og Gårdsand i Vestfold som har mulighet til å ta imot utrangerte verpehøns til slakt. Gårdsand AS slaktet økologiske verpehøns til Forsvaret i et prøveprosjekt i samarbeid med Toten

eggpakkeri, Nofirna og Norgesgruppen i 2013. Hønene ble levert ferdig kokt i poser, men det ble for arbeidskrevende i norske militære kantiner å dele kjøttet fra beina. Toten eggpakkeri har fortsatt satsingen på kokt hønsekjøtt pakket som sous-vide, og leverer til storkjøkken og arrangement (Mat og drikke 2014; Toten Egg 2014).

Bra dyrevelferd, men dårlig ressursbruk A kvitte seg med høner som skal avlives er blitt en betydelig kostnad for bonden, med utgifter på 5-6 kr per dyr som destrueres. Levendevekta er om lag 1.6 kg (Prior 2015). Ved leveranse til slakt må bongjør omlag 2,5 % av den norske produkcijonen, som var på 60.454 tonn i 2014 (Nortura 2015). I gen betaling for dyra. Ved avlivning står valget melden vanligvis dekke transportkostnader, og får in-





NATIONEN Forfatter: Hanad Ali



I Trondheim koker de olie av avdankede verpehøns for å utrytte næringsstoffene til lønnsomme kosttilskudti - Det lukter hensesuppe, men vi her ennå et stykke frem for å få riktig smek, ser forskningsleder Ana Carvejal ved SINTEF Fiskeri og akvakultur. (Foto: Anne Lise Stranden, forskning.nol

#### Skal redde høns fra å ende som betong

Over tre millioner avdankede verpehøns blir gasset og kastet hvert år, eller de ender som bindemiddel i betong. Men kanskje kan de brukes på flere områder, som for eksempel som proteinshake?

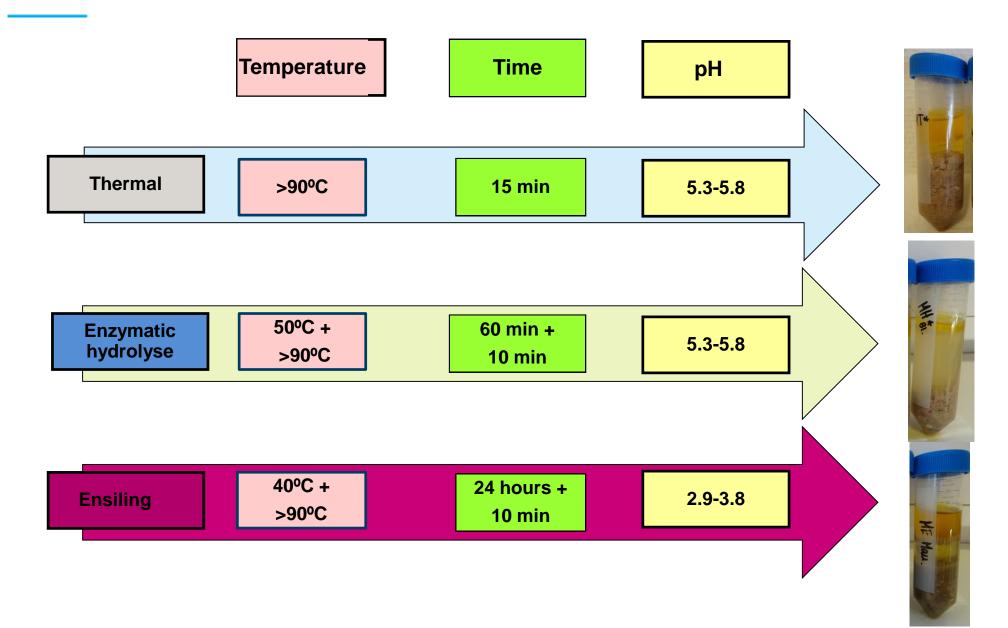
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Anne Lise Stranden



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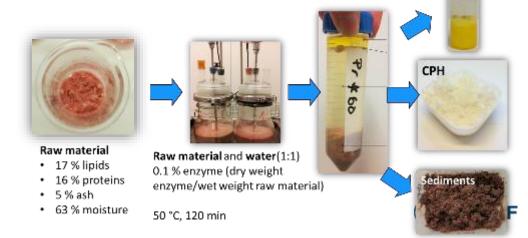
## Technological solutions used for screening



SINTEF

# Enzymatic hydrolysis of hens and שאדעד (co-products from deboned chicken meat

- Aim: Use enzymatic hydrolysis as technology for valorisation of chicken rest raw materials. Study the effect of enzyme type and hydrolysis time on the composition, properties and quality of produced products
- Experimental: Enzymatic hydrolysis: Mixture of minced raw material and water (1:1), heated to 50 °C, addition of 0.1 % enzyme (of raw material), up to 120 min hydrolysis, Inactivation, Separation. Enzymes tested: Endogenous, Protamex, Corolase PP, Papain and Bromelain
- Results and Conclusions:
  - Protamex , Papain and Bromelain —> highest hydrolysate yield
  - Hydrolysis time > 60 min gave no significant increase in hydrolysate yield
  - The protein hydrolysates had good sensory properties, desirable amino acid composition and good nutritional value
- Possible product application:
  - Hydrolysates: ingredient in food products as meat cakes, sausages, or as protein supplement
  - Oil: ingredient in food products, lipid source for pet-food and feed,
  - Sediments: pet-food, feed



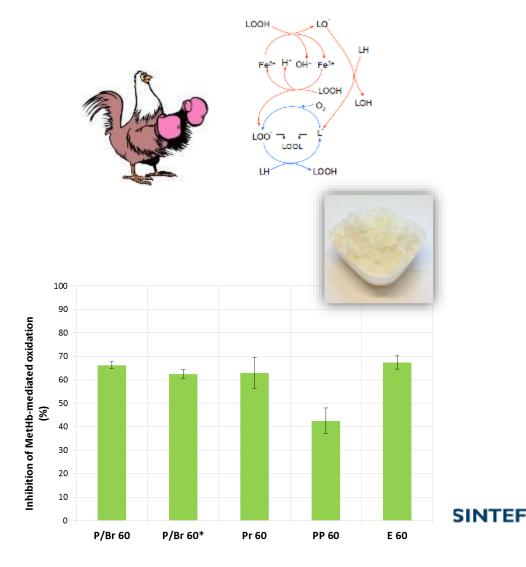
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# Antioxidative properties of chicken protein hydrolysates



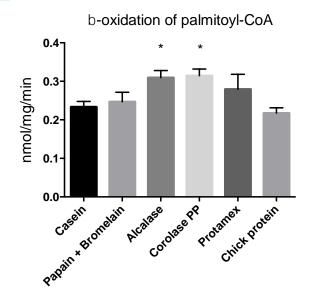
- Aim: Study if chicken protein hydrolysates can be used to inhibit lipid oxidation
- **Materials tested**: Chicken protein hydrolysates produced by different enzymes
- **Experimental:** Use of Oxygraph (measure of oxygen uptake) in order to study the effect of chicken protein hydrolysates in inhibiting iron and Hb-mediated lipid oxidation in cod roe liposome model system
- Results and Conclusions:
  - 42 67 % inhibition of Hb-mediated lipid oxidation
  - No significant difference in inhibition effect between hydrolysates produced by use of only endogenous enzymes, a mixture of Papain and Bromelain (P/Br) or Protamex
  - Lower inhibition effect in hydrolysates produced by Corolase PP

Chicken protein hydrolysates have antioxidative properties and can be used to reduce oxidation in food products



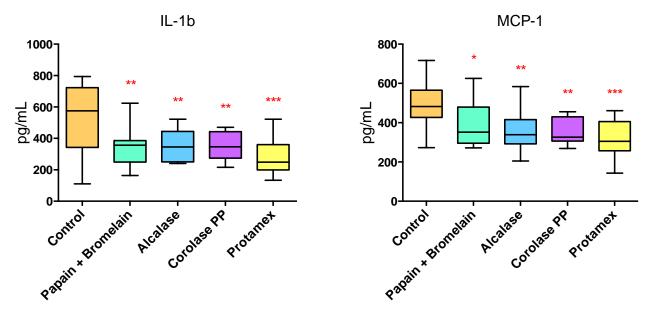
# **Bioactive peptides**

## influence lipid metabolism and inflammation parameters in vivo



•Chicken hydrolysates stimulate mitochondrial fatty acid oxidation leading to increased fat metabolism (measured in vivo)

•Especially effective were hydrolysate produced with Alcalase and Coralase PP - vs control



•Chicken hydrolysates reduced inflammations parameters, which are connected to overweight



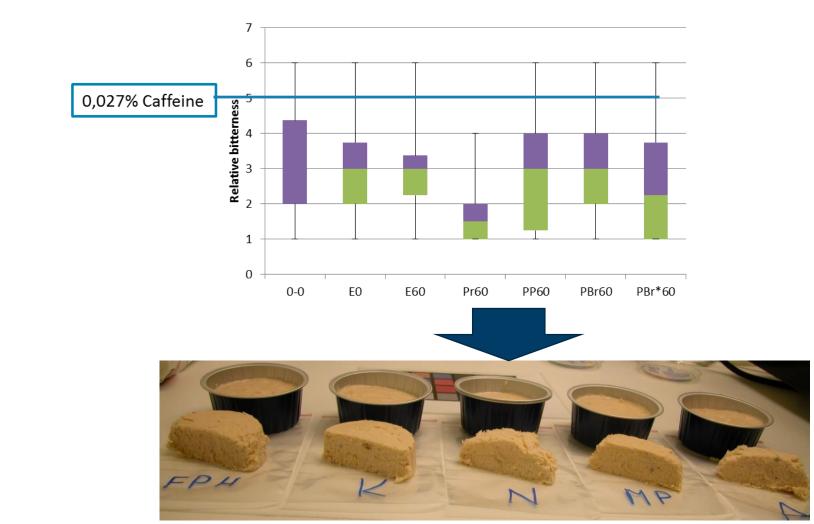
# Chicken hydrolystaes in food products







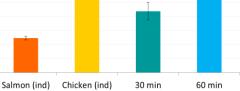
• All hydrolysates had very low bitterness



# Chicken oil – quality and stability

- Aim: Study the quality and stability of chicken oil use as an ingredient in feed ٠ and food
- **Materials tested**: Oil produced from co-products from deboned chicken meat by ٠ thermal treatment and enzymatic hydrolysis
- **Experimental:** Thermal treatment: Mincing of raw material, cooked at > 90°C for ٠ 15 min, separation. Enzymatic hydrolysis: Mixture of minced raw material and water (1:1), 50 °C, 0.1 % Papain and Bromelain, 1 hour hydrolysis, Inactivation, **Separation**
- **Results and Conclusions:** ۲
  - The produced chicken oil have a low oxidation status (low PV and AV) and high stability compared to industrial used oils
  - Thermal treatment resulted in an oil with lower oxidation status compared to enzymatic • hydrolysis
  - Low FFA values indicates a high quality raw material •

Co-products from deboning of chicken meat are good lipid source for feed and food



hydrolysis

Free fatty acids (FFA)

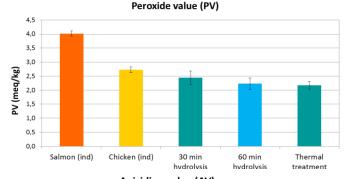
4.5 4,0 3,5

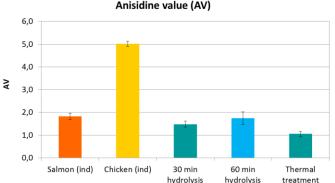
2,5 2.0

1,5 1,0 0,5

0.0

FFA (%) 3,0





NTEE

Therma

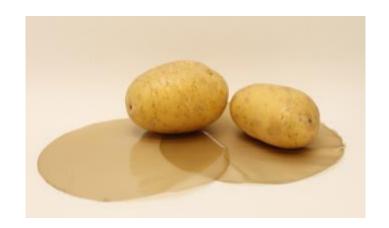
treatment

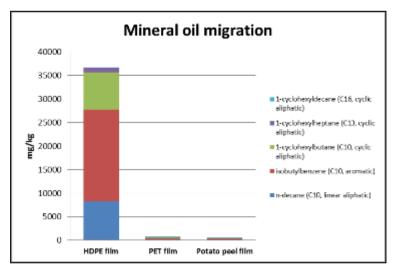
**()** SINTEF

hydrolysis

# **CYGLE** Films from potato peels

- Aim: to evaluate film forming properties of potato peel mass
- Experimental: Industrially peeled potato peels → wet-milling/enzymatic hydrolysis of starch → possible fractionation → high-pressure homogenization (HPH) +/- heat treatment → glycerol addition → film casting → analyses
- Results:
  - Potato peel materials had good film-forming properties.
  - Potato-based edible films had excellent oxygen barrier properties at low relative humidity and were totally impermeable to grease. Water vapour barrier properties were similar to starch films.
  - Film-forming ability retained also after enzymatic starch removal → resulted in films with better mechanical properties compared to the other films
- Possible product applications:
- Edible film -> hygienic quality of peels a challenge
- Effective mineral oil barrier coating in recycled cardboard packaging, e.g. in disposable plates ("potato chips packed in potato peel")
- Mulch film protecting plants from weeds etc.







Potato peeling costreams as raw materials for biopolymer film preparation

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## **CYGLE** Smoothies from vegetable co-streams

- Aim: to utilize industrial vegetable co-streams as innovative food products
- Case application: smoothie
- Materials tested: carrot, lettuce, Swedish turnip, red beets and spinach
- **Results**: mixtures developed varied in sensory properties and how they were liked by the consumers. Some of the mixture were very promising.
- Conclusions:

20/11/2016

- Industrial co-streams currently forwarded to feed use could be utilised more directly as components in food products
- The results from the studies has stimulated industry to investigate raw material utilization and product development of fermented products.







## CY GL E

# Vegetable co-streams as production media and carriers of probiotic bacteria



**Aim**: to explore feasibility of edible vegetable and fruit co-streams as production media and carriers of probiotic bacteria.



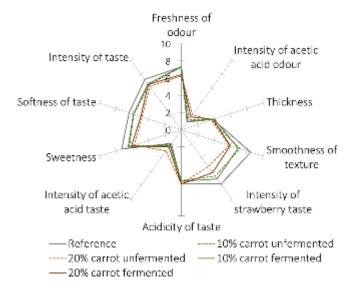
#### **Experimental**: Enrichment of probiotic bacteria in co-streams

- Real industrial vegetable co-streams: 2<sup>nd</sup> grade carrots and Swedish turnip, cabbage outer leaves, apple press cake and 3<sup>rd</sup> grade tomatoes and cucumbers
- Two probiotic strains: *Lactobacillus rhamnosus* VTT E-97800 and *Bifidobacterium animalis* ssp. *lactis* VTT E-12010 (Bp-12)
- Most co-streams suitable for enrichment of L. rhamnosus, B. animalis more demanding
- High cell numbers reached after 12-16 h fermentation
- Food application case study: 10-20 % probiotic ferments added into commercial smoothie base
- $\rightarrow$  Sensory profiling indicated that 10-20% addition level is feasible, depending on the costream and the product base
- $\rightarrow$  At 10% addition level, the consumption of 10-100g of the product would deliver a recommended daily dose of ca. 10<sup>9</sup> CFU.



**Conclusion**: Vegetable co-streams are promising production and carrier media for probiotic lactobacilli and bifidobacteria.







#### SINTEF



Small Ruminant Research 127 (2015) 28-35

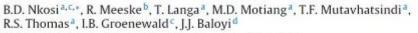
Contents lists available at ScienceDirect

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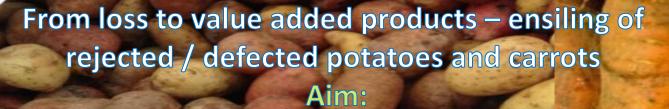
journal homepage: www.elsevier.com/locate/smallrumres

The influence of ensiling potato hash waste with enzyme/bacterial inoculant mixtures on the fermentation characteristics, aerobic stability and nutrient digestion of the resultant silages by rams



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How with the help of ensiling and probiotic bacterial cultures turn potatoes an carrots into healthy feed

#### Pre test

Start 19<sup>th</sup> July:



22<sup>nd</sup> July:



1<sup>st</sup> August:



End 5<sup>th</sup> August:



# Main test with probiotic bacterial cultures

- Ensiling may improve feed value and extend shelf life
- Probiotic bacteria can have beneficial effects on gut health in e.g. pigs and calves
- Potatoes and carrots together other raw materials including cereal products, hay and fish hydrolysate
- Studies of pH, runoff, bacteria survival, palatability and oxidative stability



### **CYGLE** Challenges in developing new uses for vegetable costreams - some thoughts



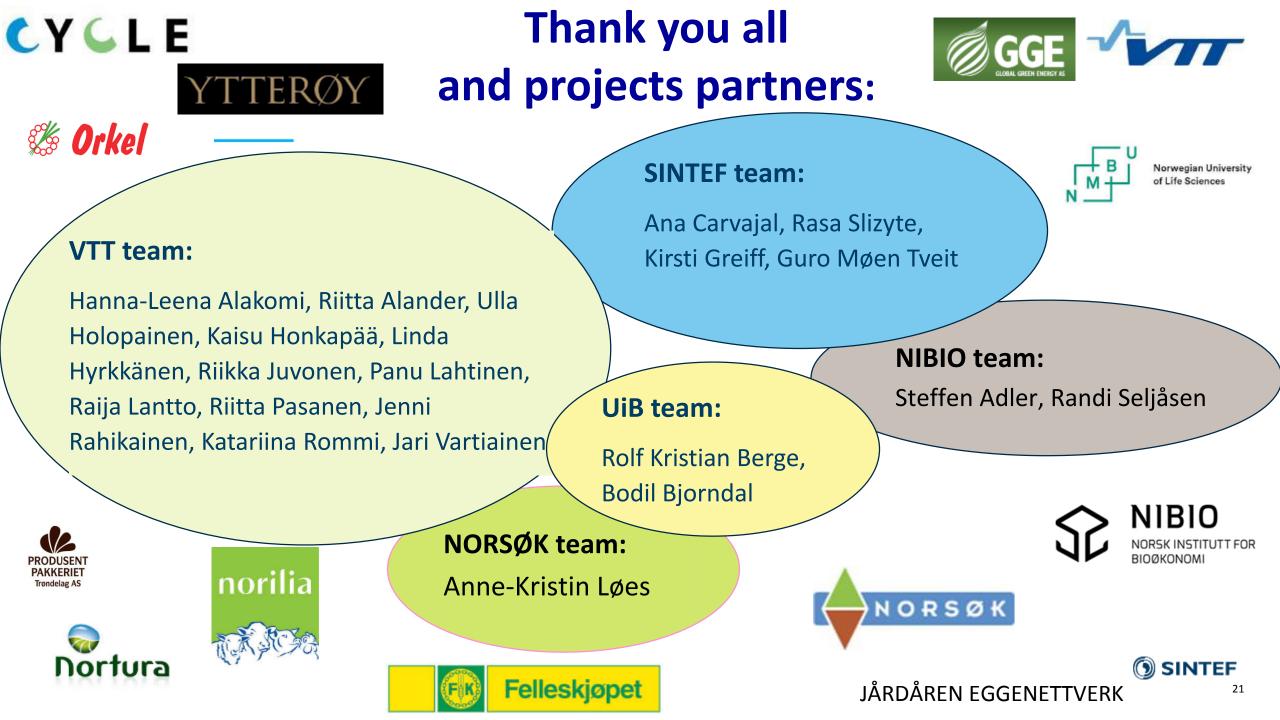
- Currently used mainly as feed -> good use from the sustainability view point (no material is wasted, stays in the food chain), but of no or low economic value to vegetable industry
- Low protein content in most of the co-streams -> less ambition / need to take it into direct food use
- 2<sup>nd</sup> class vegetables and many other co-streams are food grade raw materials, but:
  - more sophisticated identification, quality differentiation and sorting procedures needed to direct the co-streams efficiently to food uses
  - logistic challenge to use them as raw material in other food factories (as raw materials for ready-to-eat products, alcohol, potato flour, etc.)
  - microbiological safety needs to be ensured
- Interest to extract/enrich valuable components like flavonoids, carotenoids, sugars, starch, protein, fiber, from vegetables?
  - Lot of research already done and technologies developed
  - Investments in production facilities needed
  - To make investments feasible, large amounts of co-streams is needed
    - Norwegian vegetable industry is located in relatively small units around the country, which makes the profitability of co-stream valorization uncertain



## Message to take home

- Food quality co-streams can and should be utilized for food or high-quality feed products
- Industrial concepts applied on new raw materials (food co-streams) may reveal completely new products and applications
- We need and can reduce food loss and stop producing waste!







#### Teknologi for et bedre samfunn